

# wegovy<sup>®</sup>

semaglutide injection **2.4 mg**

**Your next step begins here**

## **This guide will help you:**

Learn how to  
use your pen

Understand the  
dosing schedule

Know what  
to expect

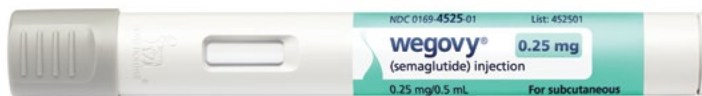
Access support  
and savings

Please see additional Important Safety Information throughout and Prescribing Information, including Medication Guide, at <https://www.novo-pi.com/wegovy.pdf>.

# Use Wegovy® one time each week

Before using your pen for the first time, read the Instructions for Use and Medication Guide that come with your pen pack, and talk to your health care provider about how to use Wegovy® correctly. You can also always get support from a **WeGoTogether®** health coach. Learn more about **WeGoTogether®** on page 7.

You'll take the 0.25 mg dose once weekly for the first 4 weeks.



Store Wegovy® in the refrigerator and keep it in the original box to protect it from light. If needed, Wegovy® can be kept outside of the refrigerator with the pen cap still on for up to 28 days (46°F to 86°F).

After your first 4 weeks, you'll begin to increase your dose. Learn more about the full dosing schedule on page 5.

## Get to know your Wegovy® pen



### ONE-TIME USE ONLY:

- Use a new pen every time

### PRESET DOSE:

- The dose is already set on your pen

### HIDDEN NEEDLE:

- The needle is covered and will not be seen

Each dose of Wegovy® comes in 1 pack of 4 pens, like you see here.

1 PACK = 4 WEEKS OF TREATMENT



You may have received the first 4 weeks of Wegovy® (0.25 mg dose) in a starter kit

## What is Wegovy®?

Wegovy® (semaglutide) injection 2.4 mg is an injectable prescription medicine that may help adults and children aged  $\geq 12$  years with obesity (BMI  $\geq 30$  for adults, BMI  $\geq 95^{\text{th}}$  percentile for age and sex for children), or some adults with excess weight (BMI  $\geq 27$ ) (overweight) who also have weight-related medical problems to help lose weight and keep it off. Wegovy® should be used with a reduced calorie meal plan and increased physical activity

- Wegovy® contains semaglutide and should not be used with other semaglutide-containing products or other GLP-1 receptor agonist medicines
- It is not known if Wegovy® is safe and effective when taken with other prescription, over-the-counter, or herbal weight loss products
- It is not known if Wegovy® can be used safely in people with a history of pancreatitis
- It is not known if Wegovy® is safe and effective for use in children under 12 years of age

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# How to take Wegovy®

## Preparation

Now that you're familiar with your pen, let's learn about preparation, injection, and disposal.

1

### GATHER YOUR SUPPLIES:

Your Wegovy® pen, 1 gauze pad or cotton ball, 1 alcohol swab or soap and water, and 1 disposal container for your pen. See page 4 for more information on how to dispose of your pen.

2

### WASH YOUR HANDS

3

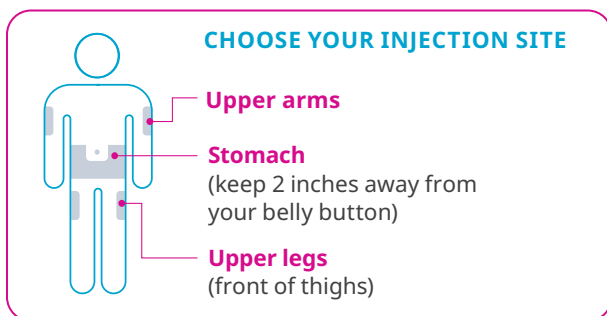
### CHECK YOUR WEGOVY® PEN AND DO NOT USE IT IF:

- The pen appears to have been used, or any part of the pen appears broken; for example, if it has been dropped
- The medicine is not clear and colorless through the pen window
- The expiration date (EXP) on the back of the pen has passed

**If you notice any of the above, call Novo Nordisk at 1-833-934-6891.**

◀ Read the Instructions for Use and Important Safety Information before using your pen. ▶

Your health care provider can help you choose one of the areas listed below to inject Wegovy®. You can inject in the same part of your body each week, but make sure it is not in the exact same spot each time.



### DO NOT INJECT INTO:

- An area where the skin is tender, bruised, red, warm, or hard
- Areas with scars or stretch marks

Make sure to clean the injection site with an alcohol swab or soap and water and to not touch the area after cleaning.

## Important Safety Information

**What is the most important information I should know about Wegovy®?**

**Wegovy® may cause serious side effects, including:**

- **Possible thyroid tumors, including cancer.** Tell your healthcare provider if you get a lump or swelling in your neck, hoarseness, trouble swallowing, or shortness of breath. These may be symptoms of thyroid cancer. In studies with rodents, Wegovy® and medicines that work like Wegovy® caused thyroid tumors, including thyroid cancer. It is not known if Wegovy® will cause thyroid tumors or a type of thyroid cancer called medullary thyroid carcinoma (MTC) in people
- Do not use Wegovy® if you or any of your family have ever had a type of thyroid cancer called medullary thyroid carcinoma (MTC) or if you have an endocrine system condition called Multiple Endocrine Neoplasia syndrome type 2 (MEN 2)

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# How to take Wegovy®

## Injection

First, pull the pen cap straight off of the pen. Then, push the pen firmly against your skin to start the injection.

- You will hear 2 clicks during the injection, which takes about 10 seconds.
  - Click 1: Injection has started
  - Click 2: Injection is ongoing
- If you do not hear the first click and the yellow bar in the window does not start moving, press the pen more firmly against your skin
- When you hear the second click, keep holding down until the yellow bar stops moving and you reach 10 seconds



click  
1



**Click 1:** Injection has started

click  
2



**Click 2:** Keep holding until yellow bar stops moving



**Yellow bar has stopped moving:** Injection is complete. Slowly lift the pen away from your skin

◀ The injection takes about 10 seconds from the start of the first click. ▶

# How to take Wegovy®

## Disposal

### SAFELY THROW AWAY THE PEN RIGHT AFTER USE



**Do not throw the pen away in your household trash.** Instead, use an FDA-cleared sharps disposal container or a sturdy household container with a tight-fitting lid, like a heavy-duty plastic container.



**If blood appears at the injection site,** press lightly with a gauze pad or cotton ball.

◀ Watch the Instructions for Use video at [StartWegovy.com](https://www.startwegovy.com) or speak with a **WeGoTogether®** Coach for more help. ▶

## Important Safety Information (cont'd)

**Do not use Wegovy® if:**

- you or any of your family have ever had a type of thyroid cancer called medullary thyroid carcinoma (MTC) or if you have an endocrine system condition called Multiple Endocrine Neoplasia syndrome type 2 (MEN 2)
- you have had a serious allergic reaction to semaglutide or any of the ingredients in Wegovy®

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For adults:

## Dosing with Wegovy®

You'll take Wegovy® on the same day each week, at any time of day, with or without food



- Start Wegovy® with a dose of **0.25 mg** (the dose you received in this kit) once per week in your **first month**



- In your **second month**, increase your weekly dose to **0.5 mg**
- In your **third month**, increase your weekly dose to **1 mg**
- In your **fourth month**, increase your weekly dose to **1.7 mg**



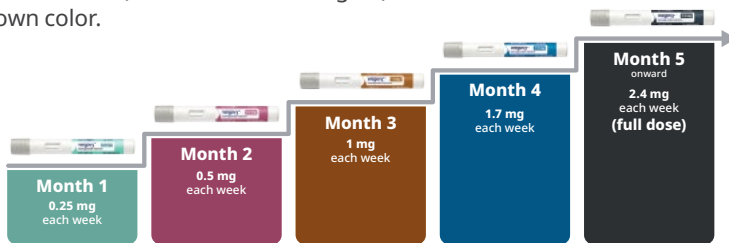
- In your **fifth month**, you'll increase your weekly dose to **2.4 mg**. From then onward, you'll continue taking that dose each week

If you need to change the day of the week, you may do so as long as your last dose of Wegovy® was given 2 or more days before.

Check in with your health care provider while increasing your dose to track what's working for you and when you're ready to fill your next dose.

## Wegovy® dosing schedule

Wegovy® has 5 preset doses (also known as strengths), and each has its own color.



If you miss a dose of Wegovy® and the next scheduled dose is more than 2 days away (48 hours), take the missed dose as soon as possible. If you miss a dose and the next scheduled dose is less than 2 days away, do not take the dose. Instead, take your next dose on the regularly scheduled day.

If you have questions about dosing, please call your health care provider.

## Important Safety Information (cont'd)

Before using Wegovy®, tell your healthcare provider if you have any other medical conditions, including if you:

- have or have had problems with your pancreas or kidneys
- have type 2 diabetes and a history of diabetic retinopathy
- have or have had depression, suicidal thoughts, or mental health issues

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# Common side effects

Side effects of Wegovy® may include:

nausea	upset stomach
diarrhea	dizziness
vomiting	feeling bloated
constipation	belching
stomach (abdomen) pain	gas
headache	stomach flu
tiredness (fatigue)	heartburn
runny nose	sore throat

## Helpful tips

If you experience nausea, here are some tips that may help:



Eat bland, low-fat foods, such as crackers, toast, and rice



Eat foods that contain water, such as soup and gelatin



Don't lie down after you eat



Go outside and get some fresh air



Eat more slowly

◀ Talk to your health care provider if you experience any side effects, including nausea, while taking Wegovy®. ▶

## Important Safety Information (cont'd)

**Before using Wegovy®, tell your healthcare provider if you have any other medical conditions, including if you (cont'd):**

- are pregnant or plan to become pregnant. Wegovy® may harm your unborn baby. You should stop using Wegovy® 2 months before you plan to become pregnant
- are breastfeeding or plan to breastfeed. It is not known if Wegovy® passes into your breast milk

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# Get personalized support with WeGoTogether®

With WeGoTogether®, you'll get free access to:



**A live or digital coach**  
who stays connected with  
you throughout treatment



**The WeGoTogether® portal**  
to help you set tiny steps  
and track your progress



**Ongoing support** to keep  
you motivated

Scan the QR code to enroll in  
WeGoTogether®



## Save on Wegovy®



Don't pay full price at the pharmacy.  
See if you qualify for Wegovy® savings.

Visit [Wegovy.com](https://www.wegovy.com) to request your savings card.

## Important Safety Information (cont'd)

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Wegovy® may affect the way some medicines work and some medicines may affect the way Wegovy® works. Tell your healthcare provider if you are taking other medicines to treat diabetes, including sulfonylureas or insulin. Wegovy® slows stomach emptying and can affect medicines that need to pass through the stomach quickly.

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## Important Safety Information (continued)

**What are the possible side effects of Wegovy®? Wegovy® may cause serious side effects, including:**

- **inflammation of your pancreas (pancreatitis).** Stop using Wegovy® and call your health care provider right away if you have severe pain in your stomach area (abdomen) that will not go away, with or without vomiting. You may feel the pain from your abdomen to your back
- **gallbladder problems.** Wegovy® may cause gallbladder problems, including gallstones. Some gallstones may need surgery. Call your health care provider if you have symptoms, such as pain in your upper stomach (abdomen), fever, yellowing of the skin or eyes (jaundice), or clay-colored stools
- **increased risk of low blood sugar (hypoglycemia) in patients with type 2 diabetes, especially those who also take medicines for type 2 diabetes such as sulfonylureas or insulin.** This can be both a serious and common side effect. Talk to your health care provider about how to recognize and treat low blood sugar and check your blood sugar before you start and while you take Wegovy®. Signs and symptoms of low blood sugar may include dizziness or light-headedness, blurred vision, anxiety, irritability or mood changes, sweating, slurred speech, hunger, confusion or drowsiness, shakiness, weakness, headache, fast heartbeat, or feeling jittery
- **kidney problems (kidney failure).** In people who have kidney problems, diarrhea, nausea, and vomiting may cause a loss of fluids (dehydration), which may cause kidney problems to get worse. It is important for you to drink fluids to help reduce your chance of dehydration
- **serious allergic reactions.** Stop using Wegovy® and get medical help right away, if you have any symptoms of a serious allergic reaction, including swelling of your face, lips, tongue, or throat; problems breathing or swallowing; severe rash or itching; fainting or feeling dizzy; or very rapid heartbeat
- **change in vision in people with type 2 diabetes.** Tell your healthcare provider if you have changes in vision during treatment with Wegovy®
- **increased heart rate.** Wegovy® can increase your heart rate while you are at rest. Tell your healthcare provider if you feel your heart racing or pounding in your chest and it lasts for several minutes
- **depression or thoughts of suicide.** You should pay attention to any mental changes, especially sudden changes in your mood, behaviors, thoughts, or feelings. Call your health care provider right away if you have any mental changes that are new, worse or worry you

**The most common side effects of Wegovy® may include:** nausea, diarrhea, vomiting, constipation, stomach (abdomen) pain, headache, tiredness (fatigue), upset stomach, dizziness, feeling bloated, belching, gas, stomach flu, heartburn, and runny nose or sore throat.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call **1-800-FDA-1088**.

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## Get started today



Explore your web portal and connect with a health coach



Check your eligibility and get savings at [Wegovy.com](https://www.wegovy.com)



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